



Codice del candidato:

Državni izpitni center



P 2 4 1 A 2 2 1 1 1 I

SESSIONE PRIMAVERILE

INGLESE

Prova d'esame 1

Comprensione di testi scritti

Sabato, 1 giugno 2024 / 50 minuti

Materiali e sussidi consentiti:

Al candidato sono consentiti l'uso della penna stilografica o a sfera, del dizionario monolingue e del dizionario plurilingue.

Al candidato vengono consegnate due schede di valutazione.

MATURITÀ PROFESSIONALE

INDICAZIONI PER I CANDIDATI

Leggete con attenzione le seguenti indicazioni.

Non aprite la prova d'esame e non iniziate a svolgerla prima del via dell'insegnante preposto.

Incollate o scrivete il vostro numero di codice negli spazi appositi su questa pagina in alto a destra e sulle due schede di valutazione.

La prova d'esame si compone di 3 esercizi, risolvendo correttamente i quali potete conseguire fino a un massimo di 25 punti. È prevista l'assegnazione di 1 punto per ciascuna risposta esatta.

Scrivete le vostre risposte negli spazi appositamente previsti all'interno della prova utilizzando la penna stilografica o la penna a sfera. Scrivete in modo leggibile e ortograficamente corretto. In caso di errore, tracciate un segno sulla risposta scorretta e scrivete accanto a essa quella corretta. Alle risposte e alle correzioni scritte in modo illeggibile verranno assegnati 0 punti.

Abbiate fiducia in voi stessi e nelle vostre capacità. Vi auguriamo buon lavoro.

La prova si compone di 8 pagine, di cui 1 vuota.



Esercizio 1: Abbinamento

Leggete il testo e eseguite l'esercizio.

Joe Wicks: 'Exercise for your mental health and the body will follow'

Joe Wicks, 34, the nation's go-to body coach during the pandemic, kept millions on their toes. Later this month he launches The Workout Badges, a series of short, energetic workouts for preschoolers on YouTube. As part of his same drive to inspire children to exercise, Wicks is bringing out a picture book, The Burpee Bears, on 30 September.

by Kate Kellaway

- A** Massively – I'm always exercising in front of them, although my little boy, Marley, is only 18 months old. I also have a three-year-old girl, Indie, and love it when she copies me... My passion is with helping young people – through exercise – to change the way they feel.
- B** I love being playful. Exercise doesn't have to be serious. But it was very tiring making the series because of Covid. I had to film with each child separately because of social distancing rules.
- C** The message with children always has to be: "Do your best. If you can't do it perfectly, have a try." Don't judge yourself. Don't compare yourself.
- D** I've never been overweight. I was a skinny child who loved PE and sport. I used exercise as a coping mechanism...
- E** It's an uplifting story about a bear family who go on a wonderful day out in the woods. It's about getting active and having fun (and getting caught in the rain)...
- F** I became successful because my workouts were 20 minutes long and my recipes 15 minutes. I wanted to show people that they can lead a healthy life with minimal effort.
- G** Most recently, yes. I did the lockdown [workout] stuff, fine. Then I did two podcast series and filmed a documentary about my childhood with Louis Theroux's production company. By the end, I was so emotionally drained I felt I'd nothing more to give.
- H** There are days when it wears me down, not so much my posts as messages from people who are struggling. I try to reply. I'm constantly giving out energy. But I can put my phone away. The first few hours I'll miss it, but as each hour passes I feel lighter: I'm not in demand, no one can reach me... it's a nice feeling.
- I** My family has brought me contentment, confidence and security. Whatever happens from this point on, even if I'm not relevant or popular I've got my family, so everything will be fine.
- J** I've got an ice machine, a metal bath I fill from the hose and then I throw in lots of ice. I'll lie in there for four or five minutes and it's amazing. Nothing brings you more into the moment than freezing water.
- K** I do have days when I do emotional eating and sit on the sofa. But I love those days. I don't feel ashamed. I'll think: that's just one day. I don't let it drag on. I know life is better with good sleep, good food and movement: I'll get up, have a workout, get back into the mindset.



P 2 4 1 A 2 2 1 1 1 0 3

Collegate le domande (1–8) presenti nell'intervista *Joe Wicks: 'Exercise for your mental health and the body will follow'* alle rispettive risposte (A–K) scrivendo la lettera corrispondente alla soluzione corretta nella adeguata riga numerata della tabella. Tenete presente che due possibilità sono di troppo.

Example:

0.	Has getting married and having kids changed you?	I
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1.	And is your new picture book about that?	
2.	Were your own kids an inspiration for your new series?	
3.	When I was a child I couldn't touch my toes (still can't). What advice would you have given me?	
4.	Have you ever burned out?	
5.	Don't you ever feel tempted just to stay in bed?	
6.	You involve able and disabled kids on your show, and are inspiring to all. Was it fun to make?	
7.	Do you need a rest from social media?	
8.	The healthy recipes you publish on Instagram and elsewhere are always quick. Why the hurry?	



Esercizio 2: Quesiti a scelta multipla

Leggete il testo e eseguite l'esercizio.

Tips for taking online classes

If you're considering taking online college courses (or you're already __0__ in a program) the tips and advice below can help you address their unique challenges to get the most value out of your online program.

When it comes to online classes, you need to have the discipline to sit down and say, "I am going to work on this," as well as the dedication to actually follow through. Though you can be flexible as to when you choose to complete your work during the week, you can't __9__ indefinitely.

If you're having trouble holding yourself responsible, pair up with a fellow classmate, or enlist the help of a friend to check in as a responsibility partner. By being organized, proactive, and self-aware, you can get the most from your online class __10__ when life outside of school becomes chaotic.

Look at the syllabus at the start of the semester and make note of major assignments. Mark them on a calendar you check regularly so you know what workload is coming in the weeks ahead. Don't forget to factor in prior commitments that may __11__ with your regular study schedule, such as weddings or vacations, so you can give yourself enough extra time to complete assignments.

Set up a dedicated learning environment for studying. By completing your work there repeatedly, you'll begin to establish a routine. Whether your workspace is your kitchen table, a library, or the corner booth in a local coffee shop, it's important to determine what type of environment will work best for you. Experiment to discover which type of setting boosts your productivity. Wherever you choose, make sure there's high-speed internet access so you're not trying to take an online course over a __12__ connection.

Not everyone learns the same way, so think about what types of information help you best grasp new concepts and employ relevant study

strategies. If you're __13__ learner, for example, print out transcripts of the video lectures to review. Learn best by listening? Make sure to build time into your schedule to play and replay all audio- and video-based course content.

__14__ of where you choose to work, consider turning your cell phone off to avoid losing focus every time a text message or notification pops up. And if you're still having trouble resisting the temptation to check your email or surf the web, try downloading a website blocker. Using applications like Cold Turkey and Freedom can help you to stay focused by blocking the apps or websites that tend to compete for your attention, such as Facebook and Twitter.

Join the course's online forum to help you better understand course materials and __15__ with fellow classmates. This might involve commenting on a classmate's paper on a discussion board or posting a question about a project you're working on. Read what other students and your professor are saying, and if you have a question, ask for clarification.

Online classes may sometimes make you feel like you are learning on your own, but this couldn't be __16__ from the truth. Most online courses are built around the concept of collaboration, with professors and instructors actively encouraging that students work together to complete assignments and discuss lessons.

Online classes are an excellent option to help you earn that degree you need to fulfil your goals. Though they come with their own unique challenges, __17__ the advice above can help you be successful even in the most chaotic of times.



Cerchiate la lettera che precede la parola o espressione in grado di completare correttamente la frase adeguata nel testo *Tips for taking online classes*. Tenete presente che in ciascuno spazio vuoto è possibile inserire solo una risposta.

Example:

0. A started
B completed
 C enrolled
D applied

9. A reschedule
B put it off
C work on it
D wait for it

10. A despite
B although
C even
D yet

11. A inhibit
B hinder
C influence
D interfere

12. A fast
B lagging
C speedy
D broadband

13. A an audial
B an audio
C a video
D a visual

14. A Because
B Anyway
C Regardless
D Despite

15. A organize
B engage
C include
D fight

16. A further
B far
C near
D nearer

17. A offering
B providing
C following
D giving



Esercizio 3: Completamento

Leggete il testo e eseguite l'esercizio.

How we met: 'I hitchhiked to Kathmandu and spent days searching for her'

Nancy Guri Duncan, 75, and François Le Diascorn, 73, met in India while they were travelling as reporters in 1971. They live together in the south of France.

by Lizzie Cernik

In 1971, Nancy Guri Duncan was working as a freelance journalist in south-east Asia. "I'm from the US, __0__," she says. "That summer, I went to Chennai (then known as Madras) in India to meet a friend from the US. We travelled together to Kolkata (then Calcutta) and arrived at a Salvation Army guesthouse." They were told to wait in the breakfast area __18__. A few minutes later, François Le Diascorn joined them at their table with another young Frenchman. "At the time, we were trying to start our careers as war photographers," he says. "We'd come to India because we were interested in investigating the conflict on the Indian-Pakistani border."

That evening, Nancy and François talked about their careers and future plans. "I was smitten that night," she admits. "François seemed like the sort of person I could be with." However, he and his friend were leaving the following day to travel to the border. "I was really upset, __19__. It wasn't much to go on." François also liked Nancy, but thought it was an "impossible" situation. "She was American, I was French and we were both going to be in different places. I didn't see how it could work."

He left the next day, but didn't get far. The two men were forced to return to the Kolkata guesthouse __20__. "My friend told me she'd spotted the Frenchmen again, so we rushed down to the dining room," Nancy says. "We were able to spend a few days together." She had committed to taking her friend to Kathmandu in Nepal, but said she would be back in a couple of weeks to see François.

In the event, he did not have to wait that long. "I don't remember why, __21__," he says. "I knew I wanted to see Nancy again, so we hitchhiked to Kathmandu and I went from hotel to hotel trying to find her." He searched for

days before eventually hiking up to a temple overlooking the city. "François spotted us on our bikes below and he raced down to find us," says Nancy. "The moment he came to find me, we both knew this was it."

The couple spent the next few months travelling in Asia __22__, and François went back to France. Before they separated, they had the "incredible experience" of interviewing and photographing the Dalai Lama together.

In the spring of 1972, Nancy moved to Paris so they could be together. After a brief stint in the US, they decided to make France their permanent home. They married at the city hall in Montmartre seven years later, followed by a picnic on the Seine. "We lived in Paris for more than 40 years __23__" she says. They spent much of their time travelling the world together, with Nancy continuing her work as a reporter and François pursuing his photography career. "Travelling with another person is a test to see __24__," he says. Luckily, they both passed.

"We even managed to get a second interview with the Dalai Lama in 1981 and we stayed in the same guesthouse," says Nancy. "We've had a lot of adventures together." She loves her husband's sense of humour. "From the moment I watched him leave Kolkata the first time, I knew he was someone I could share a life with. He is such a good companion." She has always supported François' work, and helps wherever she can. "Nancy would always point out interesting things when we travelled," he says. "She's positive, determined and courageous. __25__ she did when we first met."

"We never wanted money, just adventure," Nancy says. "I am so lucky that he came to find me that day in Kathmandu."



P 2 4 1 A 2 2 1 1 1 0 7

Inserite le parti di frase (A–K) nei punti adeguati (18–25) del testo *How we met: 'I hitchhiked to Kathmandu and spent days searching for her'*. Scrivete la lettera corrispondente a ciascuna risposta sulla rispettiva lineetta numerata. Tenete presente che nell'elenco ci sono due completamenti in più.

Example:

0. C

- | | | | |
|-----|-------|--------------|---|
| 18. | _____ | A | whether you are really in harmony with each other |
| 19. | _____ | B | when she said she would help |
| 20. | _____ | C | but I was in Vietnam covering the war |
| 21. | _____ | D | before moving to our cottage in the south four years ago |
| 22. | _____ | E | but my friend ran out of money to stay in Kolkata |
| 23. | _____ | F | but my friend told me to get his name and address |
| 24. | _____ | G | before she moved to Singapore where her journalism work was based |
| 25. | _____ | H | with her moving to our cottage |
| | | I | while their room was being prepared |
| | | J | and she has the same lovely blond hair |
| | | K | when they realised their mission was too dangerous |



P 2 4 1 A 2 2 1 1 1 0 8

Pagina vuota