



Šifra kandidata:

Državni izpitni center



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SPOMLADANSKI IZPITNI ROK

ANGLEŠČINA

Izpitna pola 2

Slušno razumevanje

Sobota, 30. maj 2026 / Do 20 minut

Dovoljeno gradivo in pripomočki:

Kandidat prinese nalivno pero ali kemični svinčnik ter enojezični in večjezični slovar.

POKLICNA MATURA

NAVODILA KANDIDATU

Pazljivo preberite ta navodila.

Ne odpirajte izpitne pole in ne začenjajte reševati nalog, dokler vam to ni dovoljeno.

Prilepite oziroma vpišite svojo šifro v okvirček desno zgoraj na tej strani.

Število točk, ki jih lahko dosežete, je 15. Vsaka pravilna rešitev je vredna 1 točko.

Naslednja navodila za reševanje izpitne pole boste slišali tudi na posnetku.

Izpitna pola je sestavljena iz dveh delov, dela A in dela B. Vsak del vsebuje govorjeno izhodiščno besedilo in nalogo, ki se nanj nanaša. Najprej boste nalogo prebrali, nato boste poslušali besedilo in lahko že med poslušanjem nalogo sproti reševali. Vsako besedilo boste poslušali po dvakrat, vmes pa bo premor za reševanje. Začetek in konec besedila bo označeval takle zvočni znak /*/.

Rešitve pišite z nalivnim peresom ali s kemičnim svinčnikom v izpitno polo v za to predvideni prostor. Pišite čitljivo in skladno s pravopisnimi pravili. Če se zmotite, napisano prečrtajte in rešitev zapišite na novo. Nečitljivi zapisi in nejasni popravki bodo ocenjeni z 0 točkami.

Zaupajte vase in v svoje zmožnosti. Želimo vam veliko uspeha.

Poslušajte pozornost. Odprite izpitno polo.

Ta pola ima 4 strani, od tega 1 prazno.

**Del A: Kratki odgovori**

Poslušali boste besedilo o zdravem življenjskem slogu.
Preberite nalogo.

How to easily kickstart a healthy lifestyle

Ob poslušanju besedila odgovorite na spodnja vprašanja s kratkimi odgovori.

Example:

0. What does the author recommend to start with if we want to be healthier?

A few little changes.

1. What don't you need to spend money on to live a healthier lifestyle?

2. How are the benefits of walking enhanced if you walk outdoors?

3. Write one benefit that being outdoors provides.

4. What is a simple way to improve your diet without hiring a nutritionist?

5. How long would it take to transform your diet if you replaced one junk food weekly?

6. What is often overlooked when considering overall health?

7. What food is mentioned as a way to naturally boost happiness hormones?

8. What should you add to your gut to improve mental well-being?

**Del B: Dopolnjevanje**

Poslušali boste besedilo o življenjskih spremembah.
Preberite nalogo.

Try something new for 30 days

Ob poslušanju dopolnite spodnji povzetek. Na vsako črto zapišite eno besedo iz besedila.

Example:

The 30-day challenge experiment could help you develop a new (0) skill.

In this TED talk, Matt Cutts explores the transformative power of committing to try something new for just 30 days. The talk starts with Matt recalling a situation several years before when he felt he was stuck in a rut and tried to come up with a solution. He quotes a great American

(9) '_____', Morgan Spurlock, as his inspiration to try doing something new for thirty days. According to Matt, a month is a period long enough to either develop or

(10) _____ a habit from your life. He claims that since taking up this method, his time has become more (11) _____ – months don't get forgotten anymore. By

setting a specific challenge – whether it's learning a new skill, adopting a healthier habit, or exploring a creative pursuit – individuals can discover hidden passions and talents but also boost their

(12) _____ he claims. Among his own achievements, he lists taking one photo a day, starting to bike to work, writing a novel and more. Having described himself as a former computer

(13) _____ he takes great pride in becoming so adventurous that he even climbed

Mt Kilimanjaro a year ago. In yet another challenge he took up, writing a novel, he discovered that

being (14) _____ is a small price to pay for being able to call yourself a novelist.

Since the beginning of his experiment, he has realised that the changes are more likely to stay if

they're small and (15) _____. However, he does not discourage the audience from

taking on bigger and crazier challenges.



Prazna stran